**STUDENT ESCAPE 2018 PACKING LIST**

**Packing List:**Students must check-in their medication at check-in:

PERSONAL PRESCRIPTION MEDICATIONS: MUST BE IN THE ORIGINAL BOTTLE/CONTAINER THAT THEY CAME IN WITH THE PRESCRIPTION INFORMATION ON THE BOTTLE. THEY MUST BE PRESCRIBED TO YOUR STUDENT! **PLACE ALL MEDS IN A ZIPLOC BAG. YOU WILL BE ASKED TO COUNT THE NUMBER OF PILLS TURNED IN AT CHECK IN SO PLEASE BRING ONLY THE AMOUNT NEEDED FOR THE WEEK.**

* Bedding (sleeping bag, pillow, or sheets and blanket for twin sized bunk)
* Clothing for 5 days outdoors (please do not bring short shorts. You will be wearing harnesses which will rub your skin if your shorts aren’t long enough.)
* Hiking/athletic shoes that are close-toed for outdoor activity. Flip flops for around the dorm and showers.
* One set of clothing and shoes that can get muddy. Very muddy. And wet.
* Rainwear
* Hat/Bandana
* Swimsuit (one piece or tankini for girls)
* Jacket/long sleeves and jeans/long pants (the evenings can be very cool)
* Toiletries - toothbrush, toothpaste, deodorant, soap, shampoo, etc
* Towel – one for the beach/water front, one for the shower
* Bible, notebook, pen
* Water bottle
* Bug spray and sunscreen

DO NOT BRING: walkie-talkies, knives or any other weapons, pets, alcohol or drugs, tobacco products (including vaporizers), personal harnesses or helmets, or laptops/large electronics

**Contact Info** - t**he following Flatirons staff contact information is to be used only in the case of an emergency:**Michelle Huey (Student Ministry Coordinator): 303.895.1794

Or email students@flatironschurch.com

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